| BECKMAN CATHOLIC |  | MARCH LUNCH MENU |  | At least 80\% of grains served are whole grain rich (WGR). The remaining grains are enriched. |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 4 | Alternate Pizza Option 5 | 6 | Alternate Pizza Option 7 | Lent 8 |
| Chicken Fettuccini Alfredo | Hot Dog on Bun | Soft Shell Taco | Chicken Patty on Bun | Garlic Cheese French Bread Pizza |
| Garlic Breadstick | Tator Tots | Shr. Cheese/Shr. Lettuce/Sour Cream | Smiley Potatoes | Breadstick/Marinara |
| Steamed Broccoli | Steamed Mixed Vegetables | Refried Beans | Steamed Corn | Steamed Carrots |
| Fresh Fruit | Fresh Fruit | Tortilla Chips/Salsa/Queso | Fresh Fruit | Fresh Fruit |
| Fruit Cocktail | Diced Pears/Dried Cranberries | Fresh Fruit | Cinnamon Applesauce | Sliced Peaches |
| Fruit Slushie Variety | Cookie | Pineapple Tidbits | Brownie | Raspberry Lemonade Craisins |
| 11 | Alternate Pizza Option 12 | 13 | Alternate Pizza Option 14 | Lent 15 |
| Chicken Nuggets | BBQ McRib on Bun | Homemade Sausage Pizza | Shredded BBQ Pork on Bun | French Toast Sticks/Syrup |
| Mac-n-Cheese | Colossal Crisp Fries | Garlic Breadstick | Baked Potato/Sour Cream | Egg Patty |
| Dinner Roll | Bush's Baked Beans | Steamed Corn | Steamed Broccoli | Hashbrown Patty |
| Steamed Green Beans | Fresh Fruit | Fresh Fruit | Fresh Fruit | Cinnamon Roll |
| Fresh Fruit | Fruit Cocktail | Sliced Peaches | Diced Pineapple | Blueberries/Juicy Juice |
| Sliced Pears/Raisins | White Cake with Strawberries | Dried Cranberries | Chocolate Chip Cookie Bar | Applesauce |
| 18 | Alternate Pizza Option 19 | 20 | Musical/Senior Meal/6th 21 | Lent 22 |
| Breaded Pork Chop | Hamburger on Bun | Walking Taco | Chicken and Noodles | Homemade Cheese Pizza |
| Mashed Potaotes \& Gravy | Tator Tots | Shr.Lettuce/Shr.Cheese | Breadstick | Breadstick/Marinara |
| Dinner Roll | Steamed Carrots | Refried Beans | Steamed Peas | Steamed Mixed Vegeteables |
| Steamed Corn | Fresh Fruit/Sliced Pears | Salsa/Sour Cream | Fresh Fruit | Fresh Fruit |
| Fresh Fruit | Sugar Cookie | Fresh Fruit/Cinnamon Applesauce | Sliced Peaches | Pineapple Tidbits |
| Fruit Cocktail | BLOOM Sidekick Fruit Slushie | Rice Krispie Treat | Dried Cranberries | Dried Cherries |
| 25 | Alternate Pizza Option 26 | EASTER MEAL 27 | 28 | 29 |
| Spaghetti and Meat Sauce | Weiner Wink | Chicken Cordon Bleu |  |  |
| Garlic Toast | Colossal Crisp Fries | Mashed Potatoes \& Gravy |  | GOOD FRIDAY |
| Steamed Mixed Vegetables | Bush's Baked Beans | Steamed Corn | NO SCHOOL | NO SCHOOL |
| Fresh Fruit | Fresh Fruit | Dinner Roll |  |  |
| Diced Pears | Cinnamon Applesauce | Fresh Fruit/Sliced Peaches |  |  |
| Jonny Fruit Pop | Cookie | JELLO CAKE |  |  |
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Peanut Butter/String Cheese or Deli Ham/String Cheese or Deli Turkey/String Cheese are available as an alternate to the main entree every day! We will offer a HOT pizza alternative entree item on Tuesdays and Thursdays - french bread pepperoni pizza or pizza crunchers with marinara Each meal includes a choice of: 1\% White Milk OR Skim Chocolate Milk OR Skim White Milk OR Skim Strawberry Milk
Some of the variety of fresh fruits we serve.....strawberries, apples, grapes, watermelon, canetloupe, clementines, kiwi, blueberries, oranges, etc. We will offer a fresh salad bar DAILY with Shredded or Chopped Lettuce and a variety of raw veggies.
Some examples of veggies on the salad bar will be: carrots, red peppers, green peppers, celery, broccoli, cauliflower, radishes, etc.
New for 22-23 School Year: We will have Farmtek Hilltop greens fresh leaf lettuce, cucumbers, and cherry tomoatoes available on the salad bar too!
This institutiion is an equal opportunity provider

